

Dear Padre,

Does pregnancy qualify as an exemption from abstinence and fasting in Lent?

Yes, it does. Just to be clear, abstinence is not eating meat on the Fridays of Lent and applies to Catholics over the age of fourteen. On Ash Wednesday and Good Friday, Catholics between the ages of eighteen and fifty-nine are obligated to fast, that is, eat only one full meal and two smaller meals that do not add up to a full meal. In addition to children and elders, exemptions from these disciplines include pregnant or nursing women and the physically or mentally ill, including those with chronic illnesses, like diabetes.

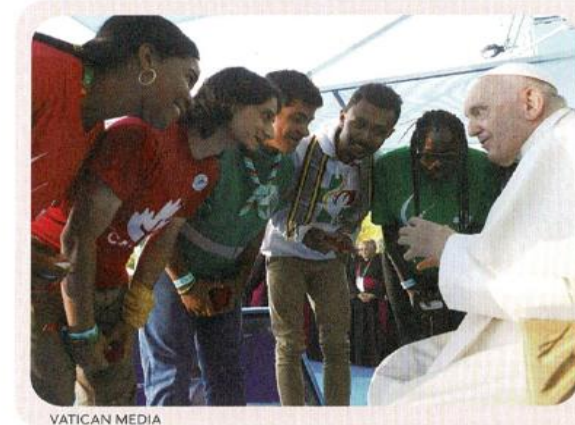


It is presumed that mature Catholics will seek balance and integration in the practice of the faith and will routinely make careful, informed decisions and apply them to spiritual practice. Obviously, being informed and aware of what the Church teaches, why the Church teaches something, and how it is to be applied and understood will only enhance a person's discernment.

The health of an unborn baby is a clear responsibility and of the utmost importance. Maintaining a healthy and balanced diet during pregnancy and adjusting any habitual practices that may endanger the health of the baby should be a primary concern. While exempt from fasting and abstinence, a pregnant woman may want to observe Lent by adopting another penitential discipline, something that would do no harm to the baby but would still be in the spirit of Lent. ●

Fr. Thomas M. Santa, CSSR / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
March 3	March 4	March 5	March 6	March 7	March 8	March 9
Weekday	Weekday	Ash Wednesday	Thursday after Ash Wednesday	Friday after Ash Wednesday	Saturday after Ash Wednesday	First Sunday of Lent
Sir 17:20-24 Mk 10:17-27	Sir 35:1-12 Mk 10:28-31	Jl 2:12-18 2 Cor 5:20-6:2 Mt 6:1-6, 16-18	Dt 30:15-20 Lk 9:22-25	Is 58:1-9a Mt 9:14-15	Is 58:9b-14 Lk 5:27-32	Dt 26:4-10 Rom 10:8-13 Lk 4:1-13



A WORD FROM POPE FRANCIS

What Jesus says is true: we always find reasons for blaming others and justifying ourselves. And very often we complain about things that are wrong in society, in the Church, in the world, without first questioning ourselves and without making an effort to change.... Every fruitful, positive change must begin from ourselves. Otherwise, there will be no change.

ANGELUS, ROME, FEBRUARY 27, 2022

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Our Parish COMMUNITY

March 2, 2025

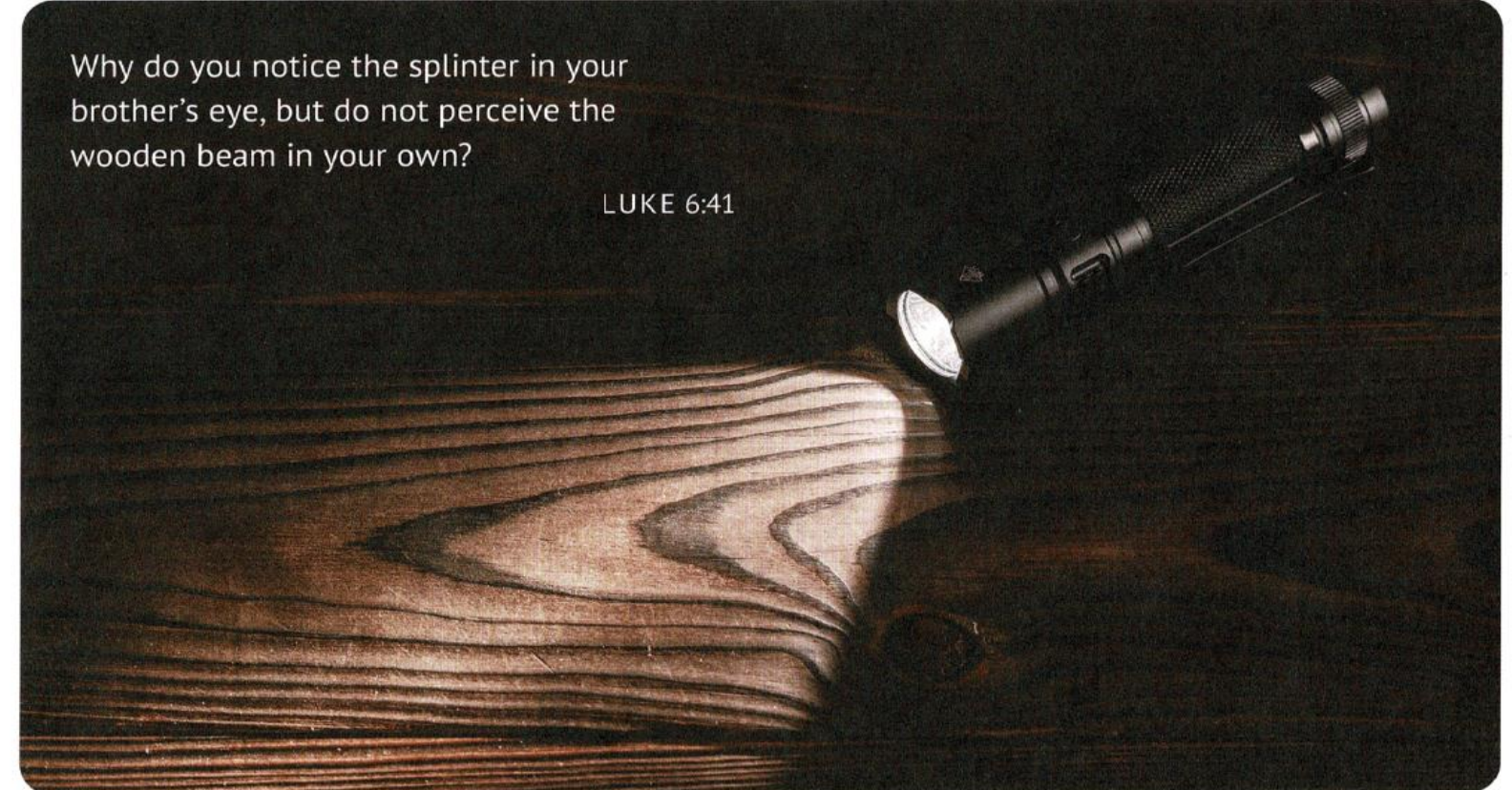
Eighth Sunday in Ordinary Time (C)

Sirach 27:4-7 / 1 Corinthians 15:54-58 / Luke 6:39-45



Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own?

LUKE 6:41



Blindsided

FR. JOSEPH JUKNIALIS

There are days when the darker side of who we are rises up and slaps us in the face. One evening, I decided to go to see a film. I bought a ticket, made my way into the theater, and found a seat that would give me an unobstructed view of the screen, one that had patrons on either side of the open seat in front of me. Fairly sure that no one would sit in front of me, I felt good about my maneuver. A few minutes before the film began, a group of four walked down the aisle, looking for a string of open seats in the crowded theater. One of them stopped at my row and asked if I would move down a seat. Immediately, I realized my predicament. If I moved, I'd be behind someone tall, with my vision of the screen blocked.

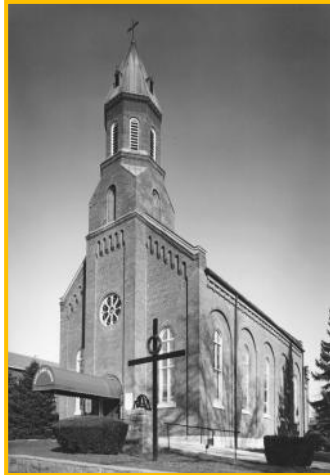
I'd spend the film gazing through someone's head. I said no. The woman who had asked was taken aback, said so, and then moved on. Just as quickly, I found myself shocked by my own selfishness. Where had that come from? Was I really not who I thought I was? I discovered that there are hidden pieces of who we are that seldom come to light, and when they do, we cringe. If we are fortunate, the Lenten journey we begin on Ash Wednesday might reveal to us what it is that lives in our hearts. ●

Reflect

What can I do for Lent that may help me see myself more clearly?

St. James Parish Family

201 N. Missouri Street
Potosi, MO 63664



MARCH 2025

Mass Schedule

St. Joachim	Mon:	8:00 AM
St. James	Tues:	8:15 AM
St. Joachim	Wed:	8:15 AM
St. James	Thurs:	8:00 AM
St. Joachim	Fri:	8:00 AM
St. James	First Sat:	8:00 AM
St. James 1st & 3rd	Sat:	4:00 PM
St. Joachim 2nd/4th	Sat:	4:00 PM
St. James	Sun:	8:00 AM
St. Joachim	Sun:	10:00 AM

*HOLYDAY SCHEDULE:

Please check the Bulletin for Mass Times.

E-MAIL:
stjameschurch@centurylink.net
WEBSITE: *****
www.stjames-potosi.org
FACEBOOK: St. James Catholic Church

Office Hours:
Monday & Friday 8am-12pm
Tuesday-Thursday 8am-3pm
Phone: 573-438-4686
Closed Holy Days

Parish Hall or Parish School of Religion
Phone: 573-366-5235

STAFF

Rev. Anthony Dattilo—Pastor
AnthonyDattilo@archstl.org
573-436-0580(St. Joachim rectory)
Rev. Vince Nyman - Part-time Senior Associate Pastor
314-614-0718
Katie Williamson: Office Mgr.
stjameschurch@centurylink.net
573-438-4686
Judy East—Custodian
Tommy Roy: On Call Maintenance
stjamespsr@gmail.com
Laura Allen— Coordinator of Religious Ed. 573-366-5235

Confessions:
Saturday: 3:15 - 3:45 PM;
prior to Sat evening Mass
Or by appointment

MASS INTENTIONS FOR WEEK OF
March 3rd, 2025 8AM Mass @ St. Joachim
Mar 04 TUE 8:15AM Romona Mesity
Mar 05 WED 7:00PM Ash Wednesday
Mar 06 THU 8:00AM Diana Koenitz & Family
Mar 07 FRI 8:00AM Mass @ St. Joachim
Mar 08 SAT 4:00PM Mass @ St. Joachim
Mar 09 SUN 10:00AM Lisa Gillam

February 23, 2025

Envelopes...\$	1285.00
Loose...\$	297.00
Votive...\$	21.00
St. V...\$	52.00
Maintenance..\$	50.00
Stain-glass...\$	100.00



March 9th, 2025

Lectors

Sunday 10:00 am

Danny Muller

Extraordinary Ministers of Holy Communion

C:Maureen Mill
L:Mary Roy
R:David Woodland

Servers

Sat: 4:00 pm Mass @ St. Joachim
Sun: 10:00 am Daisy & Penelope

Music:

Sat: 4:00 pm. Chala
Sun. 8:00 a.m. Rebecca Richards
Sun: 10:00 am **Anita Govero or The Little Way Band**

St Vincent DePaul March collection: Soup, Crackers, and Peanut Butter. :)

Faith, Hope, and Charity

February-into March Heavenly Dusters
Glenda Farrow 2/28-3/7

February- into March Alter Linens
Glenda Farrow 3/3-3-10

PRESENTED BY ST. JAMES KNIGHTS OF COLUMBUS
FRY DAY FRIDAYS
March 14th
March 28th
April 11th
April 18th
11:00-1:00
\$12/PLATE
FISH, BAKED BEANS, & POTATO SALAD
201 N. Missouri Street Potosi MO 63664

Sister parishes south of the Meramec River in Washington, St. Francois, Ste. Genevieve, and Perry counties are in some of the poorest counties in the state of Missouri. Learn about updates in the Southern Vicariate and future opportunities to help those in need. Discover how you can make a difference and be part of immersion trips to meet ministry leaders in our southern parishes.

Meetings will be held on March 19 at St. Margaret Mary Alacoque and on March 26 at Sacred Heart (Valley Park). All are invited.

Missouri Right to Life
"Keep Missouri Pro-Life"
Action Day

Wednesday, March 26, 2025
Missouri State Capitol
1st Floor Rotunda
We need you to ACT!



THE ASHES MEAN
I'M A SINNER.
THE SHAPE OF THE
CROSS MEANS I
HAVE A SAVIOR.



What's on the Calendar???



Mar 5: ASH WEDNESDAY
St V Truck Delivery
Mar 7: St. Joachim Fish Fry
Mar 10: St. V Mgt 6pm
Mar 11: Parish Council Mgt 5:30pm & K&C mgt 6:30pm
Mar 14: St. James Fish Fry
Clarity House
St V Food Give away
Mar 15: St. Joseph, the spouse of the blessed Virgin Mary
Mar 19: St. Joachim Fish Fry
Mar 21: St. Joachim Fish Fry
Mar 25: The Annunciation of the Lord
Mar 28: St. James Fish Fry

Ash Wednesday
March 5th, 2025

Servers: Ava West
Meadow Henson
Madison Battreal

Lectors: Bryce Griffin
Laura Allen

Offertory gifts: PSR students
Eucharistic Minister: PSR staff

Our parish will be participating the Lenten Rice Bowl program. Rice bowls will be available in the back of church starting Ash Wednesday and will need to be returned the week after Easter



"Lent is a time of renewal for the whole Church, for each community and every believer. Above all it is a time of Grace."

*****Formed*****

Beloved: Finding Happiness in Marriage

In 12 stunning sessions, Beloved uncovers the mystery and the meaning of the sacrament of marriage. What if marriage is more than you think it is? What if God has woven into the very fabric of your humanity a purposeful need and desire that can only be fulfilled in your marriage? Beloved invites all couples to experience firsthand the wonder, mystery, and joy behind that first "I do" ... whether you said it last year or many years ago. Beloved is comprised of two parts: The Mystery and Meaning of Marriage has 6 sessions and Living Marriage has 6 sessions. All 12 episodes can be used in Marriage Prep or for Marriage Enrichment. Just select your Leader and Couples Guides for "Preparation" or "Enrichment". Also available in Spanish: <https://watch.formed.org/amado-encontrando-la-felicidad-en-el-matrimonio> Find guides for leaders and participants on CatholicMarket Find other leader resources here: <https://leaders.formed.org/parishwide-studies/>

- Go to : <http://signup.formed.org/>
- Enter our parish's zip code 63664
- Enter your name and your email address. That's it, you are in!

Baltimore Catechism by Rev Deck HONORING THE SAINTS, RELICS, AND IMAGES

We honor our Mother. We honor the Blessed Virgin Mary, the Mother of God.

We honor the saints in heaven because they practiced great virtue when they were on earth. In honoring those who are the chosen friends of God, we honor God Himself.

We honor the saints (1) by imitating their holy lives; (2) by praying to them; (3) by showing respect to their relics and images. When we pray to the saints we ask them to offer their prayers to God for us. We know that the saints will pray for us because they are with God and have great love for us. We honor relics because they are the bodies of the saints or objects connected with the saints or with our Lord.

The first commandment forbids us to give honor to the saints that belongs to God alone. The first commandment forbids the making or the use of statues and pictures when they promote false worship. We should show respect to the pictures of those whom we honor or love on earth. We honor Christ and the saints when we pray before the crucifix, relics, and sacred images. We are honoring the persons they represent. We adore Christ, and we venerate the saints. We never pray to the crucifix or to the images and relics of the saints but to the persons they represent.

With our picnic approaching quickly we are going to start taking donations for bingo prizes!! Please contact Laura Allen, Geraldine Heifner or the Church office if you would like to donate.

We are still accepting BOTTLES for the Picnic also. (PLEASE CHECK DATES)



Have you or a loved one been impacted by abortion?

The Abortion Healing Ministry of the Archdiocese of St Louis is holding its annual Weekend Retreat March 21-23, 2025.

Women, men and couples impacted by abortion are invited to attend the Holy Family Hope & Healing Retreat Weekend, offered through the Archdiocese of St Louis Abortion Healing Ministry. A team of trained and compassionate facilitators, including a priest and licensed counselor, will gently lead participants through the critical steps of healing after an abortion experience and help retreatants encounter the merciful love of Jesus Christ, the Divine Physician.

St. James PSR NEWS

PSR will be meeting on Wednesday March 5 @ 6:00 This will be a make up class from Feb 12.

Students will have class from 6:00 - 6:45 then will be attending Ash Wednesday mass.

Contact Laura at 573-366-5235 with any questions.

